

JANUARY 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

FOR EVERY DAY OF THE MONTH YOU PRACTICE, CHECK OFF AND/OR WRITE HOW LONG YOU PRACTICED THAT DAY IN ITS BOX.

JANUARY 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

FEBRUARY 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

FOR EVERY DAY OF THE MONTH YOU PRACTICE CHECK OFF A BOX AND/OR WRITE DOWN HOW LONG YOU PRACTICED FOR IN THE BOX FOR THAT DAY.

FEBRUARY 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

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PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

MARCH 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

FOR EVERY DAY OF THE MONTH YOU PRACTICE, WRITE DOWN HOW LONG YOU PRACTICED FOR IN THE BOX FOR THAT DAY.

MARCH 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

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PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

APRIL 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

APRIL 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

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PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

MAY 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

MAY 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

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LESSON DATE:

PRACTICE CHECKLIST

JUNE 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

JUNE 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

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LESSON DATE:

PRACTICE CHECKLIST

JULY 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

JULY 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

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LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

AUGUST 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

AUGUST 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

SEPTEMBER 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

SEPTEMBER 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

OCTOBER 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

OCTOBER 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

NOVEMBER 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

NOVEMBER 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

LESSON DATE:

PRACTICE CHECKLIST

DECEMBER 2026

PRACTICE SNAPSHOT



SUN	MON	TUES	WED	THURS	FRI	SAT

TOTAL PRACTICE:

For every day of the month you practice, write down how long you practiced for in the box for that day.

DECEMBER 2026

LESSON NOTES AND PRACTICE CHECKLIST



LESSON DATE:

PRACTICE CHECKLIST

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PRACTICE CHECKLIST

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